

THE ORIGINAL  
MATTHEW  
WALKER  
- EST. 1899 -

# NUT & ALCOHOL FREE CHRISTMAS PUDDING

A moist Christmas Pudding, with vine fruits,  
candied peel and spices.



# NUTRITIONAL INFORMATION

## Nut & Alcohol Free Puddings per 100g

Energy	1174kJ/277kcal
Protein	3.1g
Carbohydrate	59.3g
Of which sugars	36.5g
Fat	2.3g
Of which saturates	1.4g
Fibre	3.4g
Salt	0.3g

## Weight options:

100g e (Serves 1), 454g e (Serves 4), 10 x 100g e (Serves 10)

## Ingredients:

Vine Fruits (37%) (Sultanas, Raisins, Currants), Fortified Wheat Flour (Calcium Carbonate, Iron, Niacin (B3), Thiamin (B1)), Apple Juice, Humectant (Glycerine), Candied Citrus Peel (6%) (Glucose Syrup, Orange Peel, Sugar, Lemon Peel, Acid: Citric Acid), Sugar, Water, Egg, Molasses, Palm Oil, Salt, Mixed Spice, Lemon Oil, Orange Oil, Yeast.

## Allergens:

Wheat, Gluten & Egg.

# COOKING INSTRUCTIONS

## Reheat Instructions:

This pudding has been cooked already and only requires gentle reheating. To ensure that your pudding tastes its best, we recommend heating by steaming, but other methods have been included for your convenience. Remove outer packaging.

## To Steam:

Leave in basin with film lid on. Place the basin in a steamer over boiling water and steam for 30 minutes (100g) and 1 hour (454g). Ensure that water does not enter the pudding. Do not allow the steamer to boil dry.

## To Microwave:

This is a guideline only. We suggest that you consult your instruction manual. Pierce film lid and place in microwave on a microwaveable plate.

## Storage:

Store in a cool, dry place.

	100g Pudding		454g Pudding	
Oven wattage	800w	900w	800w	900w
Heat on FULL power	50 seconds	40 seconds	3 minutes	2 minutes
Before serving, leave to stand for	1 minute	1 minute	1 minute	1 minute

# PRODUCT SPECIFICATIONS

	100g Pudding	454g Pudding	10 x 100g Pudding
Customer Product Code			
Product Code (FIN)	646962	644858	671804
Pack Size	40	12	4 x 10x100g
MSRSP	£1.20	£5.19	£11.99
Individual Selling Unit (ean)	5010744608825	5010744000339	5010744608825
Tray Selling Unit (ean)	N/A	N/A	5010744000353
Trade Unit (itf)	05010744750654	05010744750623	05010744751385
Cases (per layer)	11 on a layer	13 on a layer	11 on a layer
Layers (per pallet)	7 high	8 high	7 high
Case Measurements (mm)	359 x 269 x 196	377 x 252 x 170	359 x 269 x 196
Case Weight (kg) Gross / Net	5.00 / 4.00	6.35 / 5.45	5.00 / 4.00
Case Cost			
Order (cases)			